

# Recommended Dog Training and Care Resources

By Sherry Woodard

## Books

*Before You Get Your Puppy* by Dr. Ian Dunbar  
Dunbar, a veterinarian and animal behaviorist, covers what he calls the three “developmental deadlines” to meet before you get your puppy: completing your education about puppies, knowing how to assess your prospective puppy’s progress and instituting errorless house-training.



*After You Get Your Puppy* by Dr. Ian Dunbar  
In this book, Dunbar covers the three “developmental deadlines” to meet after you get your puppy: socializing your puppy to people, teaching bite inhibition and continuing socialization in the world at large.

*Pet Behavior Protocols* by Suzanne Hetts

This book is for veterinary professionals, shelter staff, breeders, trainers, and animal control agents who want to help people find sensible solutions to their pet behavior problems.

*Don't Shoot the Dog! The New Art of Teaching and Training* by Karen Pryor

Pryor clearly explains the underlying principles of behavioral training and uses numerous examples to show how to achieve your training objectives through positive reinforcement. She also has a website on clicker training: [www.clickertraining.com](http://www.clickertraining.com).

*Dogs Are from Neptune* by Jean Donaldson

Donaldson draws from real cases to provide clear, step-by-step advice for troubleshooting dog behavior problems – ranging from obedience stumblers like pulling on lead to serious issues like biting and fighting.

*The Culture Clash* by Jean Donaldson

Donaldson presents a revolutionary new way of understanding the relationship between humans and dogs.

*Outwitting Dogs: Revolutionary Techniques for Dog Training That Work* by Terry Ryan

Ryan draws on her 25 years of hands-on experience to help people understand dogs, train dogs, and solve dog behavior problems using kinder, gentler methods.

*Dog-Friendly Dog Training* by Andrea Arden

This is a great book for beginners.

*Love Has No Age Limit: Welcoming an Adopted Dog into Your Home* by Patricia McConnell and Karen London

This book helps ease the transition from shelter to home.

## Periodicals

### The Whole Dog Journal

This is a monthly guide to natural dog care and training. You can subscribe (and get a free 14-day trial subscription) at [www.whole-dog-journal.com](http://www.whole-dog-journal.com) or call 800-829-9165.

### Your Dog

This is a monthly 24-page newsletter for dog enthusiasts published by Tufts University School of Veterinary Medicine. You can subscribe by calling 800-829-5116. For more information, go to [www.tuftsyourdog.com](http://www.tuftsyourdog.com).

## Videos

### *Unleash Your Dog's Potential: Getting in TTouch with Your Canine Friend*

The TTouch method helps you achieve a relationship with your pet based on appreciation and friendship, rather than on dominance and submission. There are several videos for dog people. Call 800-797-PETS or visit [www.animalambassadors.com](http://www.animalambassadors.com) (click on "Store").

### *Puppy Love: Raise Your Dog the Clicker Way* with Karen Pryor

This video shows you how to use a clicker to train your dog. (See also *Don't Shoot the Dog!* by Karen Pryor in the book section.) Available at [www.amazon.com](http://www.amazon.com).

### *Clicker Fun Series* with Deborah Jones

This series of three videos shows you how to use clicker-based methods to change your dog's behavior. Each video comes with a clicker. Available on the Canine Training Systems website: [www.caninetrainingsystems.com/products.php](http://www.caninetrainingsystems.com/products.php).

## Products

### Controlling Your Dog

The Halti head halter is an effective alternative to the choke collar, enforcing the simple principle that a dog's body will follow where his head leads him. Available at pet supply stores.

The Gentle Leader Headcollar is another product that helps you to control your dog humanely. For more information, visit [www.gentleleader.com](http://www.gentleleader.com).

A martingale or limited-slip collar offers greater control without the danger of choking. Available at pet supply stores or at [www.premier.com](http://www.premier.com) or [www.sitstay.com](http://www.sitstay.com).

A front-clip harness is another option. Check out the various harnesses available: the Halti from the Company of Animals ([www.companyofanimals.us](http://www.companyofanimals.us)), Premier's Easy Walk harness ([www.premier.com](http://www.premier.com)) and the SENSE-ation harness from Softtouch Concepts ([www.softtouchconcepts.com](http://www.softtouchconcepts.com)).

DirectStop citronella spray is a humane way to prevent or stop dog fights. Available at pet supply stores or at [www.premier.com](http://www.premier.com).

Pet Corrector training spray (produced by The Company of Animals) emits a blast of compressed air, which interrupts undesirable behaviors. Reward the dog immediately after the behavior has stopped. Available at pet supply stores.

## Soothing Your Dog

Dog-appeasing pheromone is a spray/plug-in that provides an effective way to control and manage unwanted canine behavior associated with fear and/or stress. Available at Doctors Foster and Smith: [www.drsfostersmith.com](http://www.drsfostersmith.com).

Bach Flower Essences can soothe your dog during times of stress. For more information, visit [www.bachflower.com](http://www.bachflower.com) and [www.rainbowcrystal.com/bach/floweran.html](http://www.rainbowcrystal.com/bach/floweran.html).

## Food

Canine Caviar is the all-natural dog food that we use at Best Friends. For more information, visit [www.caninecaviar.com](http://www.caninecaviar.com).

## Toys

All of the following are available at pet supply stores.

Kongs are durable rubber enrichment toys that can provide you and your dog with hours of fun. For more information, visit their website: [www.kongcompany.com](http://www.kongcompany.com).

Nylabone makes a variety of chew toys and interactive toys for dogs. Check out their products at [www.nylabone.com](http://www.nylabone.com).

Dispensing toys are great for mental stimulation. You hide treats in the toy and the dog has to figure out how to get the treats out. Try a TreatStik ([www.treatstik.com](http://www.treatstik.com)), Busy Dog Ball ([www.busydogball.com](http://www.busydogball.com)) or Buster Cube ([www.bustercube.com](http://www.bustercube.com)).



*Treat-dispensing toys can engage the dog's mind as well as his body. Be sure to use a size appropriate to the dog.*

## Cleaning Products

Nature's Miracle and Simple Solution are two products containing natural enzymes that tackle tough stains and odors and remove them permanently. Available at pet supply stores.

OdoBan is an odor eliminator that cleans, disinfects, sanitizes and deodorizes. For more information, go to [www.odoban.com](http://www.odoban.com).

Finally, remember to periodically check out the pet care section of the Best Friends website. We are adding new resources all the time!

*Sherry Woodard is the animal care and behavior consultant at Best Friends. She develops resources and provides consulting services nationally to help achieve Best Friends' No More Homeless Pets mission.*